

ASERVIC 2023 CONFERENCE



JUNE 9 & 10

**STETSON
UNIVERSITY**

DELAND, FL

ASERVIC 2023 CONFERENCE

2023 Conference Committee Members

Conference Co-Chairs	Stephanie Dorais & Jennifer Niles
Proposal Reviewers	John Harrichand, Hannah Bayne, Mansi Brat, Claudette Brown-Smythe, Martin Burnham, Anthony Carr, Harriett L. Glosoff, Heidi Henry, Patricia Kimball, Krista Kirk, Patrice Parkinson, Aparna Ramaswamy, Jennifer Vinces-Cua
Marketing	Leila Warraich, Jennifer Niles, & Stephanie Dorais
Awards	Katie Gamby, Claudette Brown-Smythe, & Kristina Nelson
Continuing Education	Jennifer Niles
Conference Location	Jesse Fox
Empty Plate	Jesse Fox
Graduate Student Social	Jennifer Vinces-Cua & MK Curry
Volunteer Coordinator	Jennifer Niles
Volunteers	Awa Jangha, Tom Clark, Kelly Furr, Caroline Hogan, Cheyenne Williams, Alicia Winchell, Catherine Wright, Hirangi Patel, Jonathan Pfuetzner



ASERVIC 2023 CONFERENCE



The Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC) has been approved by NBCC as a continuing education provider, ACEP No. 1010. Programs that do not qualify for NBCC credit are clearly identified. ASERVIC is solely responsible for all aspects of the program. For more information about ASERVIC's webinars and CE hours, visit aservic.org or contact president@aservic.org.

To earn CEs for the ASERVIC 2023 Conference, attendees must complete session evaluations for each session attended.

Qualifying sessions include keynote, plenary, educational sessions, and roundtable sessions. Poster presentations are not eligible for CEs per NBCC guidelines.

To complete the CE session evaluation, scan the QR code below or visit:

https://wmsas.qualtrics.com/jfe/form/SV_6mpQOE62N3sddsi



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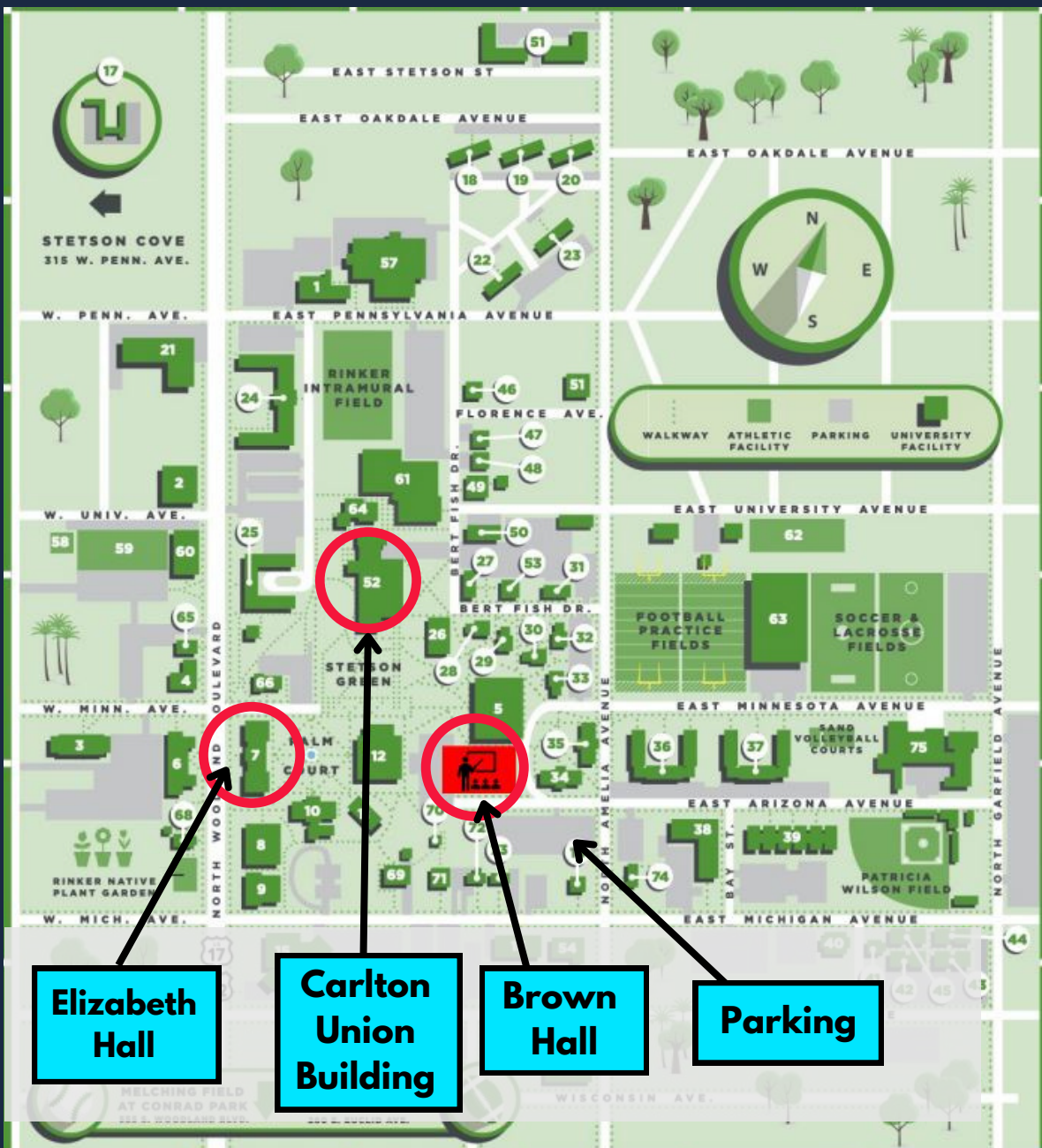
The Keynote and Plenary sessions will be located in Lee Chapel in Elizabeth Hall.

All poster, educational, and roundtable presentations will be located in Brown Hall for Health and Innovation.

Lunch events including Presidents' Welcome, ASERVIC Awards, and Town Hall meetings will be held in the Stetson Room in Carlton Union Building.

Parking is available outside of Brown Hall.

VOLUNTEERS WILL BE OUTSIDE TO DIRECT ATTENDEES TO CONFERENCE LOCATIONS



ASERVIC 2023 CONFERENCE

ASERVIC Mission

ASERVIC IS AN ORGANIZATION OF COUNSELORS AND HUMAN DEVELOPMENT PROFESSIONALS WHO BELIEVE SPIRITUAL, ETHICAL, AND RELIGIOUS VALUES ARE ESSENTIAL TO THE OVERALL DEVELOPMENT OF THE PERSON AND ARE COMMITTED TO INTEGRATING THESE VALUES INTO THE COUNSELING PROCESS.

ASERVIC Vision

ASERVIC CREATES AN ENVIRONMENT THAT EMPOWERS AND ENABLES THE EXPRESSION, EXPLORATION, DEVELOPMENT, AND RESEARCH OF EVOLVING SPIRITUAL, ETHICAL AND RELIGIOUS VALUES AS THEY RELATE TO THE PERSON, TO SOCIETY, AND TO THE PROFESSION OF COUNSELING AND HUMAN DEVELOPMENT.



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ASERVIC COMPETENCIES

Culture and Worldview

1. The professional counselor can describe the similarities and differences between spirituality and religion, including the basic beliefs of various spiritual systems, major world religions, agnosticism, and atheism.
2. The professional counselor recognizes that the client's beliefs (or absence of beliefs) about spirituality and/or religion are central to his or her worldview and can influence psychosocial functioning.

Counselor Self-Awareness

3. The professional counselor actively explores his or her own attitudes, beliefs, and values about spirituality and/or religion.
4. The professional counselor continuously evaluates the influence of his or her own spiritual and/or religious beliefs and values on the client and the counseling process.
5. The professional counselor can identify the limits of his or her understanding of the client's spiritual and/or religious perspective and is acquainted with religious and spiritual resources, including leaders, who can be avenues for consultation and to whom the counselor can refer.

Human and Spiritual Development

6. The professional counselor can describe and apply various models of spiritual and/or religious development and their relationship to human development.

Communication

7. The professional counselor responds to client communications about spirituality and/or religion with acceptance and sensitivity.
8. The professional counselor uses spiritual and/or religious concepts that are consistent with the client's spiritual and/or religious perspectives and that are acceptable to the client.
9. The professional counselor can recognize spiritual and/or religious themes in client communication and is able to address these with the client when they are therapeutically relevant.

Assessment

10. During the intake and assessment processes, the professional counselor strives to understand a client's spiritual and/or religious perspective by gathering information from the client and/or other sources.

Diagnosis and Treatment

11. When making a diagnosis, the professional counselor recognizes that the client's spiritual and/or religious perspectives can a) enhance well-being; b) contribute to client problems; and/or c) exacerbate symptoms.
12. The professional counselor sets goals with the client that are consistent with the client's spiritual and/or religious perspectives.
13. The professional counselor is able to a) modify therapeutic techniques to include a client's spiritual and/or religious perspectives, and b) utilize spiritual and/or religious practices as techniques when appropriate and acceptable to a client's viewpoint.
14. The professional counselor can therapeutically apply theory and current research supporting the inclusion of a client's spiritual and/or religious perspectives and practices.

ASERVIC 2023 CONFERENCE

2023 ASERVIC Empty Plate Recipient



The Neighborhood Center of West Volusia's mission is to provide food for the hungry, shelter for the homeless, and prevent homelessness. They serve those in need with respect and dignity in an effort to give hope to those in need. Their services include an Emergency Food Bank and Daily Food Pantry; Rent and Utility Assistance; and Emergency and Transitional Housing. Additional services provided include crisis counseling, partner agency referral services, and life skills groups. The Neighborhood Center also provides clothing vouchers, dental assistance, medication assistance, bus passes, pet food, and hygiene products.

<https://neighborhoodcenterwv.org/>

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ASERVIC 2023 CONFERENCE

2023 ASERVIC Award Recipients

ASERVIC RESEARCH AWARDS

Mary Whiting, John Harrichand & Justin Lockhart
Colleen Grunhaus

BIGGS-PINE ASERVIC JOURNAL AWARD

Sexual/Affectional and Religious/Spiritual Identities: Critical Incidents Associated to Self-Perceived Identity Integration, by Thomas Killian, Michele Rivas, & Maureen Sharp

MERITORIOUS SERVICE AWARD

Nicole G. Johnson

LIFETIME SERVICE AWARD

Daniel Gutierrez

ASERVIC 2023 CONFERENCE

2023 ASERVIC Board Updates

OUTGOING MEMBERS OF THE BOARD:

Claudette Brown-Smythe, Board Member

Anthony Carr, Board Member

Kristina Nelson, Treasurer

OUTGOING PRESIDENT:

Jesse Fox

**Thank you to our outgoing members of the Board for
your years of service to the ASERVIC Community!**

INCOMING PRESIDENT:

Hannah Bayne

INCOMING MEMBERS OF THE BOARD:

Janeé Avent Harris, President Elect

Aparna Ramaswamy, Board Member

Jennifer Vinces-Cua, Board Member

Jennifer Niles, Treasurer



ASERVIC 2023 CONFERENCE

June 9-10 | Stetson University | DeLand, FL

FRIDAY JUNE 9, 2023

8:00 a.m. - 9:00 a.m.

Breakfast and Registration
Brown Hall Atrium

9:00 a.m. - 11:00 a.m.

Keynote with Dr. Lisa Miller
Lee Chapel in Elizabeth Hall



Lisa Miller, Ph.D., is the New York Times bestselling author of *The Spiritual Child* and the newly published *The Awakened Brain*. She is a professor in the Clinical Psychology Program at Teachers College, Columbia University, Founder and Director of the Spirituality Mind Body Institute, the first Ivy League graduate program and research institute in spirituality and psychology, and has held over a decade of joint appointments in the Department of Psychiatry at Columbia University Medical School. Her innovative research has been published in more than one hundred peer-reviewed articles in leading journals, including *Cerebral Cortex*, *The American Journal of Psychiatry*, and the *Journal of the American Academy of Child and Adolescent Psychiatry*.

Dr. Miller is Editor of the Oxford University Press *Handbook of Psychology and Spirituality*, Founding Co-Editor-in-Chief of the APA journal *Spirituality in Clinical Practice*, an elected Fellow of The American Psychological Association (APA) and the two-time President of the APA Division 36 Society for Psychology, Religion and Spirituality. A graduate of Yale University and University of Pennsylvania, where she earned her doctorate under the founder of positive psychology, Martin Seligman, she has served as Principal Investigator on multiple grant funded research studies. Dr. Miller speaks and consults around *The Awakened Brain* and *The Spiritual Child* for the US Military, businesses (including tech, finance, HR and sales), personal development, faith based organizations, schools and universities, and for mental health and wellness initiatives



ASERVIC 2023 CONFERENCE

June 9-10 | Stetson University | DeLand, FL

FRIDAY JUNE 9, 2023

Friday Poster Presentations: Friday, June 9 at 11:15 a.m. - 12:00 p.m. Brown Hall Atrium

Presenters	Title	Category
Oliver McMahan, PhD & Tyler Orr, NCC, LPC	Constructed Awareness: A Clinical Study Using Mindfulness and Nonviolence to Treat PTSD and Somatic Symptom Disorder and Reflection on a Centering Exercise	Spirituality
Kathleen Bazile, PhD, LPC & Melissa Zeligman, PHD, NCC	Spirituality as a Path to Trauma Recovery and Growth	Spirituality
Colleen Grunhaus, PhD, LPC, LCMHC, Victor Tuazon, PhD, LPC, & Edith Gonzalez, PhD, NCC	Cultural Humility with Spiritual and Religious Clients	Spirituality
Rhonda Daniels, MA	Positive, Prayer, and Faith Centered Art Therapy for those with a Cancer Diagnoses who also Feel Anxious and Depressed	Religion
Christopher Todd, PhD, LPSC	Towards a More Integrated Approach: Addressing Religion and Spirituality Within CACREP Counseling Programs	Ethics

*PLEASE NOTE: PER NBCC GUIDELINES, POSTER PRESENTATIONS ARE NOT ELIGIBLE FOR CE HOURS



FRIDAY JUNE 9, 2023

ASERVIC 2023 CONFERENCE

June 9-10 | Stetson University | DeLand, FL

Friday Poster Presentations (continued): Friday, June 9 at 11:15 a.m. - 12:00 p.m. Brown Hall Atrium

Presenters	Title	Category
Everette Coffman, PhD, LMFT, LCMHC, Gelawdiyos Haile, PhD, & Rosalind Goodrich, PhD	Attachment, Addiction, & Spirituality: A Pathway to Healing through Community and 12-Step Recovery	Spirituality
Katrina Robin Volante, MA	Rebuilding Transpersonal Consciousness in the Religiously Disaffiliated: A Psychosynthesis Perspective	Spirituality

***PLEASE NOTE: PER NBCC GUIDELINES, POSTER PRESENTATIONS ARE NOT ELIGIBLE FOR CE HOURS**

**12:15 - 1:15 p.m.
Lunch**

**ASERVIC President's Welcome and ASERVIC Awards
Stetson Room in the Carlton Union Building (CUB)**



FRIDAY JUNE 9, 2023

ASERVIC 2023 CONFERENCE

June 9-10 | Stetson University | DeLand, FL

Sessions: Friday, June 9 at 1:25-2:25 p.m.

Cultivating Client Connection to their Spiritual Core in Counseling (*Roundtable Session)

Aparna Ramaswamy, PhD, EdD, LCPC, ACS & Stephanie Dorais, PhD, LPC, ACS

Category: Spirituality

BROWN HALL 139

This presentation will be a dynamic discussion exploring the relationship between hope, spirituality, and counseling. In this presentation, we will discuss how individuals generate hope through their spiritual connections and learn practical ways to incorporate spirituality into counseling practice. Through discussion, the presenters and attendees will discuss a compilation of a comprehensive resource guide for cultivating spiritual connections in counseling. Through research literature and active discussion, we aim to deepen counselors' understanding of spirituality in counseling and to enhance their ability to support clients in their journey towards hope and resilience.

Religious Value Conflict Resolution Styles: One Size Does Not Fit All Hannah Bayne, PhD, LMHC, LPC

Category: Values

BROWN HALL 140

Religious value conflicts can present challenges in providing affirming counseling of LGBTQ+ clients. However, there is a lot of nuance in religious identity, and thus variety in both the extent value conflicts are experienced as well as the strategies most effective for resolution. In this presentation, we will discuss five profile types identified through a recent Q-sort study of religious counselors who work with LGBTQ+ clients. Helpful strategies for each type and implications for counselor training will be explored through active discussion. Participants will have the opportunity to reflect on strategies that have proven most effective for their own development, while also considering additional strategies for growth. Emphasis will be on ethical care, and how counselors who experience conflicts in values and/or ideology can utilize ethical models to work through such conflicts.



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Sessions: Friday, June 9 at 1:25-2:25 p.m.

The Prayers of the Righteous: A Phenomenological Exploration of How Spiritual Abuse and Spiritual Bypass Impact the Religiosity and Spirituality of Black Millennials
Alonzo D. Turner, MS, EdS, LCMHC, NCC

Category: Spirituality

BROWN HALL 201

Defined as “a Black or predominately Black congregation consisting mainly of African American Christians” the Black church has served as a timeless institution in the Black community and, the Black church has been a critical factor in the progression of Black empowerment. While the Black church has served as a haven against white supremacy, patriarchy, sexism, heteronormativity, and other forms of discrimination have infiltrated the Black church setting. These forms of discrimination have caused Black millennials to establish religious and spiritual beliefs, practices, and identities outside of traditional church settings. Utilizing a qualitative approach, this study explored how instances of spiritual abuse and spiritual bypass have impacted the religiosity and spirituality of three Black Millennials. Findings of the study provided insights and pedagogical and counseling implications for counselor educators in classroom and community settings.

“I don’t deal with God,” But Your Client Does: Developing Counseling Students’ Competencies to Address Spirituality and Religion in Trauma Counseling
Nicole G. Johnson, PhD, LPC, ACS

Category: Ethics

BROWN HALL 226

Counselor educators are responsible for the clinical skill development of graduate level clinicians. Among the many competencies, counselors should possess, the ability to understand and honor how spirituality and religion are connected to a client’s well-being and healing from trauma is important. In this presentation, participants will review a case study of a student’s clinical development and the counselor educator’s intervention to build spiritual competencies to address client trauma.



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Sessions: Friday, June 9 at 1:25-2:25 p.m.

Pornography, Unmanaged Guilt & Toxic Shame: Breaking the Stigma and finding the Strengths in Religiosity

David Cook, MA, LMHC, & Nina Kaufmans MS, LPC, NCC, Robert Olson

Category: Religion

BROWN HALL 234

When treating pornography in religious clients, unmanaged guilt and toxic shame can interfere with an accurate assessment and lead to comorbid conditions that impact treatment. Conversely, religiosity brings client strengths to the table that can be accessed to enhance intervention effectiveness during treatment. These layers of complexity require practitioners working in religious populations to understand and apply relevant cultural competencies to be effective.



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Session: Friday, June 9 at 2:35-3:35 p.m.

Conflicting Religious and Cultural Values in Help Seeking for Mental Health among African Immigrants Living in United States (*Roundtable Session)

Reuben Mwangi, PhD, LPC

Category: Values

BROWN HALL 139

This presentation will discuss the intersection between religio-cultural values and mental health among immigrants living in the United States. There is an existing repertoire of studies focusing on immigrants' acculturation, attitudes toward help-seeking, coping, and resilience practices. However, little is known about specific cultural values and religious practices that could potentially prevent help-seeking. Therefore, it necessary to be knowledgeable about the experiences of immigrants and possible intervention strategies.

Community Strength: Collaborating with Christian Leaders to Support Minority Wellness, Inclusion and to Bridge the Gaps Fusing Faith-based Leadership

Neffisatu Celestine Dambo, PhD

Category: Religion

BROWN HALL 140

Counselors are ethically responsible for serving diverse individuals who often recognize faith as an integral part of their well-being. The integration of religion and spirituality are essential in counseling because it has positively influenced individual's psychological and physiological health. Approximately 77% of Latinos and 80% of African Americans identify as Christian. The collaboration of counselors and Christian leaders can support community wellness and strengthen cultural competence.



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Session: Friday, June 9 at 2:35-3:35 p.m.

From Amateur to Artist: Learning the Art of Ethical Spiritual Integration

Melissa Ostrander, PhD, LMHC, LCMHC, NCC & Christopher Ostrander, PhD, LCMHC, LMHC, LPC, NCC

Category: Ethics

BROWN HALL 201

Research shows counselors perceive spiritual and religious training as an after-thought in their multicultural competencies and report low competence in integrating clients spiritual and religious values. Integration of client's beliefs is less of a skill and more of an art that the counselor sculpts into the treatment plan and therapeutic relationship. This session will provide tools for counselors to be attentive to their client's beliefs to ethically integrate them in the counseling process.

Invisible Disability, Spirituality, and Meaning-Making

Patrice Parkinson & Samuel Lima

Category: Spirituality

BROWN HALL 226

Many people go about their daily lives without expressing what kind of impairment they have or how it affects them physically, emotionally, spiritually, and cognitively. Individuals with invisible disabilities (ID) may find it difficult to talk about their disability and the daily challenges they face, since their condition is not readily apparent to others. Participants will look at how faith might play a part in therapeutic work with people who have ID, and provide examples of how meaning-making has been used to benefit their clients with invisible impairments in their counseling practice.



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Session: Friday, June 9 at 2:35-3:35 p.m.

Spirituality as a Facilitator of Posttraumatic Growth
Vasti Holstun, PhD, LPC

Category: Spirituality

BROWN HALL 234

This presentation examines how spirituality influences six factors involved in posttraumatic growth. Spirituality can support mental health and foster resilience, and should be ethically incorporated into trauma counseling. Learning how to integrate spiritual concepts into trauma treatment will support counselors in their work. Ethics and practical considerations will be addressed.

Spiritual Bypass and Grief

Craig Cashwell, PhD, LPC, LCMHC, ACS, Diane "DeeDee" Rodriguez, MEd, LPC, NCC, & Young Kwon Kim, MS, LPC, NCC

Category: Religion

BROWN HALL 235

In this presentation, we will discuss the challenges of bereavement for psychological health. We also will describe the meaning and significance of bereavement in religious and spiritual perspectives. In this context, we will describe how spiritual bypass can be a way of circumventing the grieving process drawing from clinical examples. We will also provide a framework for helping clients navigate bereavement in a way that honors their spiritual tradition, while balancing the need for support and psychological and spiritual growth.



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Session: Friday, June 9 at 3:45-4:45 p.m.

Research Study Findings: Does Religiosity Play a Role in Adolescent Homicidal Threat Assessment and Mitigation (*Roundtable Session)

Robert L. Moore, EdD, PhD, NCC, ACS

Category: Religion

BROWN HALL 234

Given the continued occurrence of school shootings, this presentation will review the research findings of a newly developed instrument designed by the presenter that assesses homicidal potential in students who have made a homicidal threat. Data were collected from licensed professional counselors, school counselors, and other professionals regarding the importance of religiosity and other factors as mitigating factors for homicidal risk. The presenter will propose a theory for why some adolescents become school shooters.

Spirituality in Yoga Philosophy and Practice

Aparna Ramaswamy, PhD, EdD, LCPC, ACS & Jennifer Niles, PhD, NCC, NCSC

Category: Spirituality

BROWN HALL 140

Yogasutra, a seminal text of yoga dated around the 2nd century CE, describes an existential philosophy and purpose for human life. One aspect of the text elucidates the practice of yoga meditation, of which a few words suggest physical postures as a way to still the mind and contemplate. Yoga is popularly understood as a physical fitness practice, a severe reduction of its intended purpose to guide people towards spiritual experience of their human existence.



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Session: Friday, June 9 at 3:45-4:45 p.m.

Cultural and Spiritual Competencies with Jehovah's Witness Clients
Tom Quinn, MA, LPC, LPCC, NCC

Category: Religion

BROWN HALL 201

Due to increasing recognition of the value of counseling by the Governing Body of Jehovah's Witnesses, there are now an increasing number of Witness clients seeking counseling. This presentation outlines areas of cultural and spiritual competencies in relation to the Multicultural and Social Justice Competencies of the ACA.

Bridge Over Troubled Waters: Counselor Educators' Collaboration with the Faith Community.
Nicole G. Johnson, PhD, LPC, ACS

Category: Religion

BROWN HALL 226

Community Trauma has widened the mental and physical health disparities in traumatized communities. As faith leaders are called upon to support their community, there is a need for education and resources. This presentation will provide a case study example of a university's process of developing a social justice partnership between a counselor education program and faith leaders to facilitate healing centered activities.



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Session: Friday, June 9 at 3:45-4:45 p.m.

Womanist Theology and Relational Cultural Theory: Counseling Religious Black Women
Janeé Avent Harris, PhD, NCC, LCMHCA

Category: Spirituality

BROWN HALL 235

It is imperative that counselors are equipped to provide culturally responsive counseling services to help Black women navigate their mental and emotional health. An integration of Womanist Theology and Relational Cultural Theory attends to the nuances of Black women's experiences and provides a roadmap towards liberation and wellness. This program will include spiritually grounded, culturally responsive therapeutic interventions.



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**Attention ASERVIC
Graduate Students!**

Join us for the **ASERVIC Graduate Students Social**

Friday June 9, 2023
5:30-7:30 p.m.

De La Vega
Downtown DeLand
128 N. Woodland Blvd.
DeLand, FL 32720

Come drop in and connect with fellow graduate students while enjoying tapas (appetizers) and soft drinks!

There will be a raffle for a signed copy of keynote speaker Dr. Lisa Miller's book, The Awakened Brain: The New Science of Spirituality and Our Quest for an Inspired Life.



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SATURDAY JUNE 10, 2023

8:00 a.m. - 9:00 a.m.

Breakfast and Registration
Brown Hall Atrium

9:00 a.m. - 10:00 a.m.

Plenary Session with Dr. Cassandra Vieten
Lee Chapel in Elizabeth Hall

Mainstreaming Training in Religious and Spiritual Competencies:
Proposed Guidelines and a Path Forward



Since religion and spirituality are linked with mental health, and are an important aspect of multicultural diversity and intersectionality, it is important that mental health professionals receive training in how to inquire about and address R/S in assessment and treatment. Multiple demands compete for time and attention in training programs, and this challenges us to determine how we can best deliver training frameworks that are realistic for programs to incorporate. Drawing from ASERVIC and emerging APA guidelines, the Spiritual and Religious Competencies Project (www.srcproject.org) is synthesizing training guidelines appropriate to prepare professionals across mental health disciplines entering practice. This S/R competency framework can be used to guide coursework and practicum, internship, and supervision assessment and training. In addition, this talk will share the primary elements of a roadmap we have developed (through interviews, focus groups, and stakeholder engagement) for how to disseminate and implement such training at scale.

Cassandra Vieten is Clinical Professor and Director of the Center for Mindfulness at the Centers for Integrative Health in the Department of Family Medicine at UC San Diego. She is also Director of Research at the Arthur C. Clarke Center for Human Imagination and Clinical Psychology Director at the Psychedelics and Health Research Initiative at UCSD. She is Senior Advisor of the John W. Brick Mental Health Foundation where she served as Executive Director from 2019-2023, and a Senior Fellow at the Institute of Noetic Sciences, where she served as President from 2013-2019. Her research has focused on spirituality and health, transformative experiences and practices, the development of mindfulness-based interventions for emotional well-being, and development of media technologies to inspire awe. She received her Ph.D. in clinical psychology at the California Institute of Integral Studies, and completed her research training in behavioral genetics at UC San Francisco. She has authored three books, published numerous articles in scientific journals, and is an internationally recognized keynote speaker and workshop leader.



**SATURDAY
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Sessions listed are
Educational Sessions
unless otherwise indicated
as Roundtable.

SATURDAY JUNE 10, 2023

Session: Saturday, June 10 at 10:10-11:10 a.m.

Updates to the ASERVIC Spiritual Competencies
Janeé Avent Harris, PhD, NCC, LCMHCA

Category: Spirituality

BROWN HALL 139

The ASERVIC Spiritual Competencies is one of the guiding documents of the ASERVIC organization regarding effective integration of spirituality, religion, values, and ethics in counseling. This session will provide ASERVIC members with a summary of the updates to the ASERVIC Spiritual Competencies.

That's Me in the Corner Losing My Religion: Exploring How to Work with Clients Who Are Experiencing a Faith Crisis
Kelly Furr, MA, LMFT

Category: Religion

BROWN HALL 140

While incorporating religion and spirituality into treatment is important, it can be easy for counselors to make assumptions about a client's religious beliefs based on religious affiliation, ignoring within-group differences. A growing number of people in conservative or insular religions experience a faith crisis, often related to emerging social or political beliefs. This session will provide insight into this phenomenon and how to help clients struggling with this issue.



**SATURDAY
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Session: Saturday, June 10 at 10:10-11:10 a.m.

Fat Bodies as Immoral: The Intersection of Religious Trauma and Fatness
Heidi Henry, PhD, LPC

Category: Religion

BROWN HALL 201

Considering intersectionality when confronting religious trauma is an important skill for counselors. When size, an often-overlooked identity factor, intersects with gender, fat women experience oppression and trauma through religious messages, experiences, and leaders. This program will address fat women's experiences of religious trauma, strategies for counselors to examine their own history with fatness and religious trauma, and trauma-informed counseling interventions.

A Thematic Analysis of Clients' Experiences of Broaching Psychedelics in Therapy
Paul Deal, PhD, NCC & Tim Hanna, PhD, LMHC, NCC

Category: Values

BROWN HALL 226

Psychedelics are often among people's top five most significant life experiences, but how do these experiences matter for the counseling process? Psychedelic assisted psychotherapy is evolving and becoming more popular, but the cost of training is grossly prohibitive. This presentation offers preliminary findings, based on empirical data, about how to support clients that have had spiritually transformative and psychedelic experiences and want to bring them into therapy.



**SATURDAY
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June 9-10 | Stetson University | DeLand, FL

Session: Saturday, June 10 at 11:20 a.m. -12:20 p.m.

Integration of Spirituality into Counseling: Training Framework for Mental Health Counselors (*Roundtable Session)

Daya Singh Sandhu, EdD, LPCC, NCC, NCCC, NCSC, & Jeff Crane, PhD, LPCC

Category: Spirituality

BROWN HALL 139

Many counselors may recognize the significance of spirituality in human development, but they lack the confidence, competence, and experience to help their clients solve their spiritual problems. This presentation will provide a systematic training framework for the counselors to articulate, integrate, evaluate and solve their clients' spiritual issues and concerns.

Contemplative Strategies for Spiritual Competent Orientation

Daniel Gutierrez, PhD, LPC, CSAC, Jesse Fox, PhD & Stephanie Dorais, PhD, LPC, LMHC, LPC-S, NCC

Category: Spirituality

BROWN HALL 140

In this session, we open dialogue on how contemplative practice and multicultural orientation can assist in the development of religious and spiritual competence. We present a series of studies on contemplative practices and their influence on mental health and counselor effectiveness. We also present an ongoing grant-funded study that examines a training intervention focused on increasing R/S competence, which is measured through clinician and client outcomes.



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June 9-10 | Stetson University | DeLand, FL

Session: Saturday, June 10 at 11:20 a.m. -12:20 p.m.

**Assessment of Spirituality in Terms of Personality Patterns and Existential Analysis
Matthias Beier, PhD, LMHC, LP**

Category: Spirituality

BROWN HALL 201

Experience of spirituality and religion varies based on personality pattern or style. Informed by the personality assessment of the Psychodynamic Diagnostic Manual, god image research, existential analysis, and the differential diagnosis of spiritual issues developed by psychotherapist, theologian and fairy tale interpreter Eugen Drewermann, a tool (under preparation) for assessing harm or health of spirituality and religion will be presented.

**Working with Spiritual Struggles: From Christian Appraisal to Artistic Contextualization
Stephen P. Greggo, PhD, LP**

Category: Values

BROWN HALL 226

A significant number of counselor education programs are housed in seminaries and religiously affiliated institutions. Professional counseling offers psychological, evidence-based pathways to embrace the spiritual struggles of clients and effectively blend interventions that enhance identity and one's sense of significance. The challenge for clinicians is to determine when, with whom, where, and how to head down these pathways ethically and respectfully in light of contemporary pluralism, multiculturalism and nuanced individualized spirituality. Utilizing the extensive research into spiritual struggles as a clinical framework, this presentation explores how counselor educators mentor counselors within their faith legacy to develop professional competencies and personal/civic virtues surrounding diversity using formative feedback and robust contextualization.



**SATURDAY
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June 9-10 | Stetson University | DeLand, FL

Session: Saturday, June 10 at 11:20 a.m. -12:20 p.m.

**Strong Black Woman Schema: Spiritual Interventions or Spiritual Bypass?
Brandi Chamberlin, PhD, NCC, & April Crable, PhD, LPC**

Category: Spirituality

BROWN HALL 234

The strong black woman schema includes characteristics of strength, resilience, emotional suppression, and spirituality. Interventions that capitalize on the strengths of the Strong Black Woman, specifically spirituality, are effective. However, it is important to understand the difference between healthy spiritual coping and spiritual bypass. This presentation will explore the differences between these concepts and how to recognize spiritual bypass.

**Discrimination in the Name of Religion: Implications for Counseling Supervision and Education
Martin Cortez Wesley, PhD, LPCC-S, LMHC, NCC Joffrey Suprina, NCC, LMHC, & David Whittinghill**

Category: Religion

BROWN HALL 235

Counseling education programs are bound by the ethics and accreditation standards of the profession. "Counselors do not condone or engage in discrimination against prospective or current clients, students, employees, supervisees, or research participants" (ACA, 2014). However, many CACREP accredited religious institutions have stated discrimination policies based on the tenets of their faith. These policies seem to directly contradict the ethical and accreditation standards of the counseling profession. This presentation and discussion will center around the problem of religious discrimination in many CACREP counseling programs that often extend to discrimination of gender, gender identity, sexual orientation, marital/partnership status, political affiliation, and many more. The presenters will offer some suggestions for change but will lean on the expertise of the audience for further discussion and insight.



**SATURDAY
JUNE 10, 2023**

ASERVIC 2023 CONFERENCE

June 9-10 | Stetson University | DeLand, FL

12:30 - 1:30 p.m.

Lunch

ASERVIC Town Hall

Stetson Room in the Carlton Union Building (CUB)

**Saturday Poster Presentations:
Saturday, June 10 at 1:30-2:15 p.m.
Brown Hall Atrium**

Presenters	Title	Category
Kelly Furr, LMFT	Beyond “Under the Banner of Heaven” and Other Netflix Specials: How to Work Clinically with Everyday Mormons	Religion
Katherine M. Dooley, PhD, LPC-S, NCC & Candice L. Chapman, MA, LSC	Nurturing Spiritual Development and Insight in Counselor Trainees	Spirituality
Melissa Zeligman, PhD & Deborah Coffy	Spirituality and Mental Health in a Community Training Clinic	Spirituality
Jennifer McCurrach, PhD, LPC, LSSP	Making A Difference: Faith Integration in Undergraduate Programs	Spirituality
Nicole Cowans, MA & LaToya Smith, PhD, LPC	Introducing Meditation and Voicework into Group Therapy Sessions	Spirituality

***PLEASE NOTE: PER NBCC GUIDELINES, POSTER PRESENTATIONS ARE NOT ELIGIBLE FOR CE HOURS**



**SATURDAY
JUNE 10, 2023**

ASERVIC 2023 CONFERENCE

June 9-10 | Stetson University | DeLand, FL

Saturday Poster Presentations (continued): Saturday, June 10 at 1:30-2:15 p.m. Brown Hall Atrium

Presenters	Title	Category
Robert Moore, EdD, PhD, NCC, ACS	Religiosity and Values as Protective Factors Against School Violence: Psychometric Properties of New Homicide Assessment Instrument	Religion
Jennifer Dorscher, MA	Introduction to the Sallatha Sutra: Enhancing Cognitive, Somatic and IFS Treatment Objectives within a Contemplative Context	Religion
DeVon Mills, PhD, CSAT, LPC, ACS, & Stanley Hoover, PhD, LPC, ACS	A Relational Approach to Ethical Decision Making	Ethics
Elizabeth Pennock, PhD, LMHC, LMHCS, NCC, Scott Coupland, PhD, LMFT, & Viki Kelchner, PhD	Trauma-Informed Clergy: Factors Predicting the Trauma-Related Attitudes of Christian Clergy and Applications for Counselors	Religion

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**SATURDAY
JUNE 10, 2023**

ASERVIC 2023 CONFERENCE

June 9-10 | Stetson University | DeLand, FL

Session: Saturday, June 10 at 2:25 - 3:25 p.m.

**The Senior Pastor's Wife, Her Responsibilities, and Her Mental Health (*Roundtable Session)
Marsha P. Wilson**

Category: Values

BROWN HALL 139

Pastors' wives are often considered an added benefit to the church that has hired her husband; a two-for-one deal, with high expectations laid out for her in that important role. Many church leaders and congregations do not consider that she is also a wife, and sometimes a mother, and tend to criticize when pastors' wives prioritize family over the ministry. Though supports exist for pastors related to burnout, stress, and compassion fatigue, there is little information on the supports available to pastors' wives related to their experiences with stress, burnout, compassion fatigue, or other emotional issues they encounter in their role as pastors' wives. Instead, research indicates that pastors' wives tend to suffer in silence uncertain of whom they should trust with their pain. This presentation will explore some of these silent sufferings and provide suggestions for support.

**Beyond The Veil: Spiritual and Energetic Consideration in Counseling
Wendy R. Lauter, MA, LCPC, BCAT**

Category: Spirituality

BROWN HALL 201

This presentation will look at simple considerations for dealing with unseen spiritual, transcendent and energetic exchange between client and counselor. It will start with a historic overview of what founding theorists say about energy, and mysticism. The presenter will explore the counselor as empath and its effects on wellness. Several clinical and personal examples, practical suggestions and considerations will be offered.



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June 9-10 | Stetson University | DeLand, FL

Session: Saturday, June 10 at 2:25 - 3:25 p.m.

Equipping Counselors with Manualized Spiritually-Integrated Interventions
Michell L. Temple, PhD, LPC, NCC, CRC, CCTP, & Ann Kerlin, PhD, LPC

Category: Spirituality

BROWN HALL 226

Clients are more likely to have religious and spiritual beliefs that serve as positive coping resources, even during the coronavirus pandemic. However, the active preparation of counselors to integrate R/S during their graduate education and in continued education trainings remains subpar. Attendees will increase their knowledge and awareness of manualized, research-based R/S therapeutic interventions for depression, anxiety, substance use, and trauma and other-stress related disorders.

Rise in Recovery: The Spiritual Path for Healing Addiction
Kimberley Berlin, LCSW, LSW, CSAC

Category: Spirituality

BROWN HALL 234

Alcohol and substance abuse disorders have baffled the medical community for centuries. There is no known “cure” – more than a neurological or physical disorder, addiction eats at the soul. “Rise in Recovery: The Spiritual Path for Healing Addiction” merges modern-day neuroscience with ancient wisdom and introduces the powerful effects of spiritual practices to help those struggling with addiction. Understanding the connection between science and the human spirit casts a new light on what the experience of “recovery” can truly mean.



**SATURDAY
JUNE 10, 2023**

ASERVIC 2023 CONFERENCE

June 9-10 | Stetson University | DeLand, FL

Session: Saturday, June 10 at 3:35-4:35 p.m.

**Research Study Results: Compassion in Counselors Who Experience Spiritual Transcendence
(*Roundtable Session)**

Anna Lee Brown, PhD, LPCC-S, LCMHC

Category: Spirituality

BROWN HALL 139

This qualitative research study explored the complex spiritually transcendent experiences of counselors (N = 95) and the subsequent predictive relationship to increased compassion, while controlling for spirituality and religion. Implications for client treatment, multicultural competence of spiritual integration, counselor education, and reflexive counselor development are explored.

Advocacy vs. Gatekeeping: Finding the Ethical Balance in Counselor Education

Kristy M. Ford, PhD, LCMHC-QS, NCC, Brandi Chamberlin, PhD, NCC, & Yulanda Tyre, PhD, LPC-S, NCC

Category: Ethics

BROWN HALL 140

Ethical mandates may, at times, present with conflicting values. For counselor educators and supervisors, this conflict often manifests with CITs through advocacy and gatekeeping processes. While advocacy addresses barriers and emphasizes the need for scaffolded support, gatekeeping assesses professional skills and dispositions, challenging toward personal development. This presentation will consider real world case studies and ask: Where is the ethical balance in advocacy versus gatekeeping?



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Session: Saturday, June 10 at 3:35-4:35 p.m.

Where Do I Fit In? Faith-Based Counselors, Counselor Educators, and Administrators
Robyn Trippany Simmons, EdD, LPC-S, NCC, RPT-S, & Stacey Lilley, PhD, LPC-S, LPSC

Category: Spirituality

BROWN HALL 201

This panel discussion is a conversation for counselors, counselor educators, site supervisors, graduate students, and administrators about the sense of belonging in the broader counseling community. The content of this discussion will focus on values conflicts that impact authenticity. Presenters will engage in rich dialogue about personal biases, values, and beliefs that impact the counseling relationship and professional involvement in organizations.

Chaos In the Intersubjective Space: The Grateful Dead as Metaphor for Spiritually Informed Care

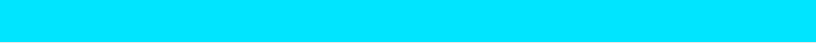
Daniel Miles, MDiv, MA, LCMHCA

Category: Spirituality

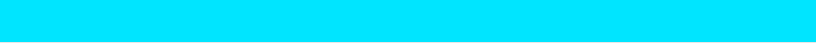
BROWN HALL 226

An exploration of Pamela Cooper-White's theories of intersubjectivity and the chaos theology of Greg Mobley, this presentation uses the music of the Grateful Dead as a metaphor for improvisational care and connection with our clients. Whether specifically focused on spirituality or not, this presentation aims to invite a new perspective on how we approach interventions with clients by exploring within the sometimes chaotic dimensions of the therapeutic relationship.

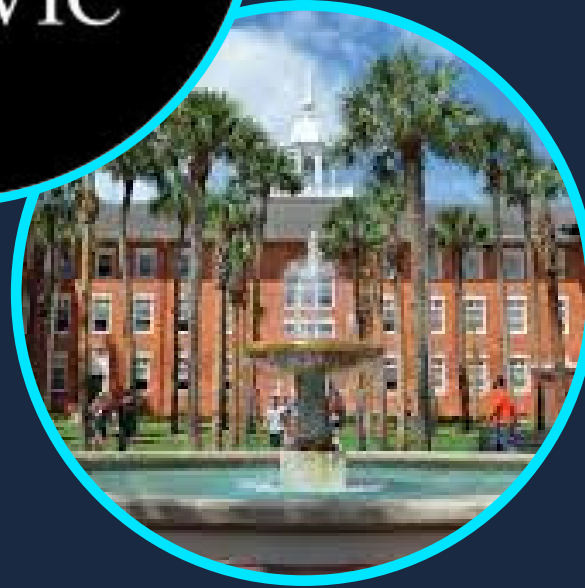
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**Thank you for
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JUNE 9 & 10

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