

Interaction

ASERVIC

Volume X, No. 3

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President's Address: Jennifer R. Curry



*Jennifer R. Curry, PhD
Assistant Professor
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Dear Friends,

I want to thank you for trusting your confidence in me to serve as your 2010-2011 ASERVIC president. This year has brought many challenges and I believe that we have risen to the occasion! To recap, this year we had our 2nd ever national conference in Myrtle Beach, SC, we identified and instated a new journal editor (Rick Balkin), reorganized and strengthened our organization's infrastructure, identified the location for our 2012 conference, found a great new membership chair (Chris Hull) and newsletter editor (Claudia Sadler-Gerhardt), designed our first spiritual journey to Italy, and so much more. We are excited about our partnership with New Mexico ASERVIC for our 2012 conference in Santa Fe and we encourage all of our members to consider attending this outstanding professional development opportunity in beautiful, spiritual New Mexico. Special thanks to Elizabeth Ebner and the New Mexico ASERVIC board for all of their assistance and support.

As I say goodbye to you as President I am confident that the organization is ready to continue to progress under the leadership of Dr. Mark Young. While we continue to move forward we will be updating you on our changes through email, listserve, and the ASERVIC website (www.aservic.org). We have many things to look forward to and a strong infrastructure that can sustain our growth and ongoing development. I am proud of where we are as an organization and I see an exciting future full of fellowship, learning opportunities, and fun within ASERVIC. I thank you for the love, encouragement, and kindness I have received. Special thanks to Mike Robinson, Harriet Glossoff and Lisa Jackson-Cherry for their mentorship during this year. And a special thanks to the ASERVIC board and officers: Grant Hayes, Chris Faiver, Leila Roach, Shannon Ray, Harriet Glossoff, Stephanie Dailey, Tyson Kuch, Linda Robertson, Aisha Lusk, Elizabeth O'Brien, Lisa Jackson-Cherry, Mark Young and Carman Gill. I have learned a lot from each of you and am in awe of your willingness to always serve and lead. You have all made my year special. To Mark Young (president) and Shannon Ray (president-elect), I leave the presidency knowing that you both have the dedication, passion and great insight to keep ASERVIC moving toward an outstanding future. Again, I am grateful for this opportunity and I am thankful to have learned and grown so much this year. My best to all.

In gratitude,

Jen Curry

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**New Officers will
be introduced in
Fall issue of
Interaction**



The ASERVIC Ethics Corner

By Stephanie F. Dailey, M.A.,
Harriett L. Glosoff, Ph.D., &
Leila Roach, Ph.D.

The ASERVIC Ethical Values Committee is proud to introduce the ASERVIC Ethics Corner – a column specifically dedicated to ethical issues regarding the integration of spirituality and religion in counseling, supervision, and counselor education curriculum. Authored by the Ethical Values Committee, the purpose of this column is to address pertinent ethical issues as they relate to spiritual and/or religious issues in counseling.

We recognize that counselors face ethical dilemmas every day. These ethical challenges can certainly throw any professional for a loop, whether a new professional or one with years of experience. These issues often become more present when exploring the spiritual domain. For example, many counselors feel apprehensive when even addressing matters of spirituality. The unfortunate result is avoidance, which means religious and/or spiritual beliefs are ignored and left out of the therapeutic setting. Failure to adequately address spirituality as a counseling component neglects a viable resource for clients and disregards the counselor's commitment to understand all aspects of client functioning. Not addressing these issues is not only poor clinical practice, but also unethical. Because of this, counselor educators and counseling supervisors have an ethical responsibility to prepare counselors who can effectively address spirituality in the counseling process.

The goal of this column is to better inform ASERVIC members of current spiritual and/or religious ethical issues. Examples of column topics include: counselor competence; fear of imposing values; ethical issues involved in addressing spirituality as part of supervision such as working with supervisees/students who do not demonstrate cultural competence and are unable to work outside of their own spiritual or religious worldview; questions regarding when to refer clients; the use of prayer in counseling; accepting or declining invitations to religious and/or spiritual ceremonies; spirituality in school counseling; and when to disclose personal information regarding the counselor's spiritual domain. The ASERVIC Ethical Values Committee, committed to the infusion of spiritual, ethical, and religious values in counselor preparation and practice, is interested in providing you with information so you can better understand these ethical challenges.

Regular contributors to the column are members of ASERVIC's Ethical Values committee: Stephanie F. Dailey, M.A., Harriet Glosoff, Ph.D., and Leila Roach, Ph.D. A brief bio of each member is provided so you can get to know us better.

Stephanie F. Dailey, M.A., LPC, NCC, ACS is a licensed professional counselor and a doctoral candidate in Counselor Education and Supervision at Argosy University/Washington, DC. Stephanie has over 10 years experience in community mental health, having served as a residential counselor, senior intake coordinator, clinical supervisor, and as the director of two residential facilities. Stephanie has presented at the state, local and national level regarding the ethical application of spirituality into counseling. She has also served as the interim manager of Ethics and Professional Standards at ACA where she was responsible for providing ethical and professional standards consultation to ACA members, facilitated the submission and adjudication of ethical violations, and managed all ethics communications coming from the ACA Office of Professional Affairs. With a strong conviction that effective counseling addresses the mind, body, and spirit, Stephanie is committed to helping counselors and counselors-in-training familiarize themselves with appropriate and ethical ways to integrate spirituality into counseling.

Harriet L. Glosoff, Ph.D., LPC, NCC, ACS is a Professor of Counseling at Montclair State University. She has authored/co-authored numerous publications and has consistently presented at national, regional, and state conferences with a focus on ethics, spirituality, supervision, and social justice. She has over 30 years of experience as a professional counselor working with children, adolescents, and adults in community agencies, psychiatric facilities, public schools, counseling clinics in higher education, and private practice. Trained in forms of mind-body-spirit treatment modalities that can be used to augment traditional counseling, Harriet integrated spiritual principles into her practices. She is a long standing member of ACA, ASERVIC, ACES, AMCD, CSJ, ASGW, AND ALGBTIC and has an extensive history of service to the profession. Recent examples of service related specifically to ethics include serving on the ACA Ethics Committee (member and Co-Chair); the ACA Code of Ethics Revision Task Force (for both the 2005 and 1995 Codes); the ACES Ethics and Professional Standards Interest Network and the Counseling Supervision Best practices Guidelines Task Force; and the 2010 Code of Ethics Revision Task force for the Commission on Rehabilitation Counselor Certification (CRCC).

Leila Roach, Ph.D., LMFT, LMHC, NCC is an Assistant Professor of Counselor Education at Stetson University in DeLand, FL, where she has coordinated the Marriage, Couple & Family counseling Program for the past 5 years. With a lifelong interest in spirituality she has been practicing as a counselor for 22 years integrating spiritual principles and wellness into her work with children, adolescents, adults, couples, and families in community agencies, public schools, university counseling clinics, churches, and private practice. She works with the Deaf community and provides disaster behavioral health and crisis intervention services through her work with the Florida Regional Disaster Behavioral Health Assessment Teams, the Crisis Response Team of Volusia county, and the American Red Cross. Leila is a long-standing member of ACA and ASERVIC, as well as IAMFC, ACES, AAMFT, and APT, and the state and local organizations. She has presented internationally, nationally, and locally on wellness, spirituality, and ethics. Leila has co-chaired the ASERVIC Ethics committee and has been an ASERVIC board member since 2008.

This column will cover a wide range of issues, and we certainly welcome your input. If you have a question on ethics you'd like addressed, please submit your topic or question to Stephanie Dailey at stephanie.dailey1@gmail.com. Guest writers are encouraged! Remember—we are particularly interested in those issues which you, the ASERVIC member find challenging, and we welcome your suggestions for future column topics.

Association for Spiritual, Ethical, and Religious Values in Counseling
Competencies for addressing Spiritual and Religious Issues in Counseling

(Revised and Approved, 5/5/2009. Copyright 5/5/09)

Culture and Worldview

1. The professional counselor can describe the similarities and differences between spirituality and religion, including the basic beliefs of various spiritual systems, major world religions, agnosticism, and atheism.
2. The professional counselor recognizes that the client's beliefs (or absence of beliefs) about spirituality and/or religion are central to his or her worldview and can influence psychosocial functioning.

Counselor Self-awareness

3. The professional counselor actively explores his or her own attitudes, beliefs, and values about spirituality and/or religion.
4. The professional counselor continuously evaluates the influence of his or her own spiritual and/or religious beliefs and values on the client and the counseling process.
5. The professional counselor can identify the limits of his or her understanding of the client's spiritual and/or religious perspective and is acquainted with religious and spiritual resources, including leaders, who can be avenues for consultation and to whom the counselor can refer.

Human and Spiritual Development

6. The professional counselor can describe and apply various models of spiritual and/or religious development and their relationship to human development.

Communication

7. The professional counselor responds to client communications about spirituality and/or religion with acceptance and sensitivity.
8. The professional counselor uses spiritual and/or religious concepts that are consistent with the client's spiritual and/or religious perspectives and that are acceptable to the client.
9. The professional counselor can recognize spiritual and/or religious themes in client communication and is able to address these with the client when they are therapeutically relevant.

Assessment

10. During the intake and assessment processes, the professional counselor strives to understand a client's spiritual and/or religious perspective by gathering information from the client and/or other sources.

Diagnosis and Treatment

11. When making a diagnosis, the professional counselor recognizes that the client's spiritual and/or religious perspectives can a) enhance well-being; b) contribute to client problems; and/or c) exacerbate symptoms.
12. The professional counselor sets goals with the client that are consistent with the client's spiritual and/or religious perspectives.
13. The professional counselor is able to a) modify therapeutic techniques to include a client's spiritual and/or religious perspectives, and b) utilize spiritual and/or religious practices as techniques when appropriate and acceptable to a client's viewpoint.
14. The professional counselor can therapeutically apply theory and current research supporting the inclusion of a client's spiritual and/or religious perspectives and practices.

HELLO! from the new Editors of *Interaction*:

Claudia Sadler-Gerhardt & Grant Hollenbach

Hello! Thank you for reading this issue of *Interaction*, our first as the new Editors of the ASERVIC newsletter. We want to give a BIG thank you to Stephanie Dailey and Carman Gill for their outstanding job as past Editors of *Interaction*! They have provided us with a terrific newsletter! We are excited and humbled at the opportunity to continue their work and appreciate their mentorship during this transition process.

We'd like to introduce ourselves at this time:

I am Claudia Sadler-Gerhardt, Ph.D., PC, and I am an Associate Professor of Counseling at Ashland Seminary, a graduate division of Ashland University. I have just ended my term as Past President of Ohio's OASERVIC, and I am a member of ACA, ASERVIC, ACES, and AADA, as well as the Ohio Counseling Association. I live in Stow, OH, with my husband and our 2 dogs.

I am Grant Hollenbach, M.A., PC, and I am the new President of OASERVIC. I am also a member of ACA, ASERVIC, and OCA. I have worked for the past 2 years with the Ohio District 5 Area Agency on Aging, providing in-home counseling services to older adults enrolled in the state's PASSPORT program. I am a graduate of Ashland Seminary, and I live in Loudonville, OH, with my wife and 2 daughters.

We met many of you wonderful ASERVIC members last August when we presented at the ASERVIC National Conference in Myrtle Beach. We are grateful for this unique experience as newsletter editors and look forward to working together. We thank ASERVIC President Jen Curry and the current board members for allowing us to serve in this capacity.

We ask you, the readers, for your support, suggestions, and for your future contributions to this newsletter.

Update:

Previous issues of the newsletter have been posted on the ASERVIC website. We are continuing to email the newsletter in an attempt to conserve resources. However, if you prefer to receive the newsletter in paper form, please let us know so we can remove you from the distribution list and send you a hardcopy through the mail. We want to do what we can to keep this valuable member service coming to you and appreciate any feedback you have to offer.

Wanted: Newsletter Submissions

We are interested in articles or information dealing with Ethics, Spirituality, or Religion in Counseling. Please submit any items you may have to Claudia Sadler-Gerhardt at cgerhard@ashland.edu by the following deadlines:

September 15, 2011 Fall 2011 issue

December 15, 2011 Winter 2012 issue

March 15, 2012 Spring 2012 issue

May 15, 2012 Summer 2012 issue



***ASERVIC* Spiritual Journey**

ITALY

December 28-January 4

Join ASERVIC on a tour of Roman, Christian, and Jewish religious and spiritual sites in Italy!
Contact ASERVIC President Mark Young for information at myoung@cfl.rr.com





Join Us!

**ASERVIC National Conference
Sante Fe, New Mexico
June 2012**

**Why not plan to submit a proposal?
Watch www.aservic.org and the Fall
issue of *Interaction* for details!**

ASERVIC at the ACA Conference: Catch the spirit of a good time!

Each year the ACA conference allows ASERVIC members from far and wide to gather together to network, collaborate and celebrate the expression, exploration, development, and research of spiritual, ethical, and religious values in counseling. The following pictures are highlights of ASERVIC members at the 2011 ACA Conference in New Orleans!

